



**SAITHPA TRAINING PROGRAMME FOR THEORY EXAMINATIONS
SCHEDULED FOR THE
FEBRUARY 2026**

SAITHPA TRAINING PROGRAMME- PREPARATION FOR THEORY EXAMINATION – February 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
19/01/26	20/01/26	21/01/26	22/01/26
Trainer: Dr Shah	Trainer: Dr Shah	Trainer: Dr Shah	Trainer: Dr Shah
Topic: Emergency and trauma: • Basic CPR • Endo-tracheal Intubation • Resuscitation of the new-born • Assessment and early management of injuries and fractures • Sexual abuse • MCQ'S	Topic: Infectious Diseases: • Tuberculosis • Sexually transmitted illnesses • HIV/AIDS • Malaria • Meningitis • MCQ'S	Topic: Child Health • Fever • Diarrheal disease • Respiratory illness: Lower and upper respiratory infections • Meningitis • Convulsions • Malnutrition • HIV and AIDS • Common childhood infections: measles, rubella etc. • Child abuse	Topic: ENT • Upper Respiratory Tract Infection • Otitis Media • Tonsillitis • Sinusitis • Epistaxis • MCQ'S Ophthalmology • Common infections and allergies • Red eye • Eye injuries • Refraction problems

		• MCQ'S	• Glaucoma • Other acute illnesses: • Appendicitis • Acute abdomen Syndrome • Acute mental illness • Pneumonia • MCQ'S
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
26/01/26	27/01/26	28/01/26	29/01/26
Trainer: Dr Nayager	Trainer: Dr Nayager	Trainer: Dr Nayager	Trainer: Dr Soni Trainer:
Topic: Chronic Diseases [26 conditions]	Chronic illnesses and rare conditions {cont} MCO'S	Topic: Dermatology: • Common skin conditions in primary health care Topic: Palliative Care MCO'S	Topic: OBS/GYNAE • Normal pregnancy and delivery • Abnormal pregnancy and delivery • Hypertension in pregnancy • Ante-partum hemorrhage

			• Obstructed labour • Post-partum hemorrhage • Contraception • Abnormal menstruation • Ectopic pregnancy • Preventive care: GOBIFFF (Growth monitoring, oral re-hydration, breast-feeding, immunization, female education, family planning, feeding) MCQ'S
MONDAY	TUESDAY	WEDNESDAY	THURSDAY
02/02/25	03/02/25	04/02/25	05/02/25
Trainer: Adv Govender	Trainer: Adv Govender	Trainer: Adv Govender	Trainer: Adv Govender
Topic: Law and Ethics Legislative Framework –	Topics: Law and Ethics: Consent -legal principles	Topic: Law and Ethics Question Bank 2- (Question/answer/ discussion sessions)	Topic: Law and Ethics: Question Bank 3/4- (Question/answer/ discussion sessions)

	Question Bank 1- (Question/answer/ discussion sessions)		
--	---	--	--

TOTAL COST: R4500

- ❖ **Members pay R4500**
- ❖ **Non-members R5000**
- ❖ **Members who attended previously pay R2300**

Training will commence online from 6-9 pm -

- ❖ **Courses are online from 6-9 pm on the scheduled dates.**
- ❖ **Access to our resource portal.**
- ❖ **A zoom link will be sent on the day of the course session.**

To confirm your seat please forward your details to our admin at the following the following address info@saithpa.org.za or WhatsApp us on 0844029545.

Our bank details are as follows:

SAFPHA

Acc. No. 1184992894

Branch Code: 10622600 [Springfield Park]

Type of account: Cheque

Bank: Nedbank